

LIFESTYLE & HABITS EDITION



#### WOULD YOU RATHER - INSTRUCTIONS

For each pair, say which one you choose and why.



WAKE UP EARLY
EVERY DAY

OR

STAY UP LATE
EVERY NIGHT



LIVE WITHOUT YOUR
PHONE

OR

LIVE WITHOUT THE INTERNET



WORK FOUR LONG
DAYS A WEEK

OR

FIVE SHORT DAYS



ALWAYS HAVE A
CLEAN HOUSE

OR

ALWAYS HAVE
DELICIOUS MEALS



NEVER WATCH TV
AGAIN

OR

NEVER USE SOCIAL MEDIA AGAIN



LIVE IN A TINY
HOUSE IN THE CITY

OR

A BIG HOUSE IN
THE COUNTRYSIDE



DO ALL YOUR
SHOPPING ONLINE

OR

ONLY SHOP IN
STORES



LIVE WITHOUT MUSIC

OR

WITHOUT MOVIES



LIVE BY A STRICT
SCHEDULE

OR

BE COMPLETELY
SPONTANEOUS



SPEND YOUR MONEY
ON EXPERIENCES

OR

MATERIAL THINGS



# NEVER DRINK COFFEE AGAIN

OR

NEVER EAT DESSERT
AGAIN



WEAR THE SAME
OUTFIT EVERY DAY

OR

NEVER WEAR THE SAME THING TWICE



ALWAYS BE 10
MINUTES LATE

OR

ALWAYS BE 30
MINUTES EARLY



DO A DIGITAL
DETOX FOR A WEEK

OR

EAT ONLY HEALTHY
FOOD FOR A MONTH



SPEND A YEAR
LIVING ABROAD

OR

A YEAR TRAVELING
YOUR OWN COUNTRY