Coffee time

1.What do you know about coffee? Talk with a partner and write down 3 facts you already know about coffee.

2. Listen to the recording about coffee and answer the questions.

1. What part of the coffee plant do we use?
2. What happens to coffee beans after picking?
3. Name two kinds of coffee drinks.
4. Why is coffee popular in the morning?
5. What countries are top coffee producers?
6. How can too much caffeine affect you?
7. Why do people meet in coffee shops?

3. Read and check your answers.

Things You Might Not Know About Coffee

Coffee is one of the most loved drinks in the world. It helps people feel more awake and focused, and for many, it's a daily habit. But how much do you know about your morning cup?

Coffee comes from a plant, and the part we use is the seed, known as a coffee bean. These beans grow inside coffee cherries. After picking, the beans are dried and roasted to bring out their flavour. The smell of fresh coffee is one of the reasons many people enjoy it so much.

There are many different ways to drink coffee. Some people like espresso, which is very strong. Others prefer cappuccino or latte, which include milk. Iced coffee is also popular in warmer countries or during the summer.

Coffee is grown in over 70 countries. Brazil, Vietnam, and Colombia are some of the biggest producers. The climate in these countries is perfect for coffee plants.

Caffeine, found in coffee, helps people feel less tired and improves focus. However, drinking too much can cause problems like nervousness or trouble sleeping.

Coffee is also a social drink. Many people meet friends or work in coffee shops. In some cultures, it's a big part of daily life.
So next time you drink coffee, think about its long journey—from a plant in a warm country to your cup.

4. Discussion time!

- Do you think coffee is good or bad for health? Why?
- What is your favourite kind of coffee, and where do you usually drink it?
- Do you prefer drinking coffee alone or with other people? Why?